



THEY WILL SOAR ON WINGS LIKE EAGLES; ISAIAH 40:31

SOARing Eagle Post

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1020 10th Avenue West,
Palmetto, FL 34221 in the
NorthRiver Care Center Building.

Article submission inquiries – email:
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Join us for Eagles' Wings Support Groups ~ EVERY Tuesday, from 7:00-8:30pm

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TEEN CHALLENGES GROUP SOARS

By: Ashley Conrad

Those were, "the best times of my life." They were, "the most difficult years;" "I couldn't wait to get out." Whether you reminisce fondly about the fun of school events or remember struggling with acceptance and low self-esteem, the teen years profoundly influence us.

Think about how different the social lives of today's teens are. They are able to interact via social media with their peers 24/7, but they still need to connect in person, to forge friendships.

S.O.A.R Ministries and Eagles Wings Support Group for teen challenges offers kids an opportunity to support and confide in one another in an environment that is non-judgmental and confidential. It is our goal to encourage the group to utilize their personal relationship with Jesus Christ through prayer to overcome and find peace from their hurts, bad habits, and/or hang ups. Ecclesiastes 4:9-10,12 says "Two are

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better than one, because they have a good return for their work: If one falls down his friend can help him up. But pity the man who falls and has no one to help him up!.... Though one may be overpowered two can defend themselves. A cord of three strands is not quickly broken."

Encouragement and support can be great medicine. Having a safe non-judgmental group of peers to hold you accountable and lift you up will increase your self-esteem and give you the desire to be a better person. Proverbs 27:17 says, "As iron sharpens iron, so can people improve each other."

Teenagers teeter between "I'm not a child anymore," and "I'm just a kid." Peer pressure and seeking acceptance can often set kids up to abandon the good morals and family values to instead make risky or even deadly choices. Only today's teenagers understand the pressures and hardships they endure. Uniting together, in a Christ-centered

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environment enables them to find the peace, love, and comfort that sharing and praying together in Christ can provide.

If you are (or know) a teen (ages 13 – 18) who would like to connect with others, please join us every Tuesday evening from 7:00 p.m. until 8:30 p.m. at 1020 10th Avenue West, Palmetto, FL 34221. Email Ashley at Ashley@soar4him.org.

Upcoming events:

- **TUESDAYS, ONGOING**
from 7:00-8:30pm
Eagles' Wings SGM
- **ONGOING~ Servants**
Offering Assistance & Relief: One-on-one emotional, spiritual life-coaching/mentoring

info@soar4him.org

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NEEDS:

- Donations☺.
- Book cases, storage cabinets, desk, sound system, folding table.
- We need volunteers to work in the garden, answer phones, stuff envelopes, work when we are building, and more. Call or email to get on our volunteer list and to receive a more comprehensive list of choices. info@soar4him.org or Randall Marks at 805-444-5283

Building Stronger Marriages

Marriage Ministry
partnering with S.O.A.R

Call: 941-722-0696 or
941-840-2156 or 941-
812-8329

**What is Eagles Wings Support Group Ministries?**

By: Terri Hutchison

Eagles Wings SGM is a place where any and every one can come to find encouragement and peace, strength and accountability. It offers informative speakers, prayer, praise and worship, and small groups to meet individual needs. **Following are our current support groups:**

MEN

- Overcoming Strongholds (anger, depression, anxiety)
- Substance Abuse Recovery

WOMEN

- Overcoming Trauma and Grief
- Substance Abuse Recovery
- Defeating Depression and Anxiety

MALE and FEMALE

- Boundaries ~ How to set and keep them.
- Teen Challenges

Join us any Tuesday evening from 7:00 p.m. – 8:30 p.m. to find support, friendships, and peace. If you have questions about any of the groups or about Eagles Wings in general, please call Randy at 805-444-5283 or email randall@soar4him.org.

Sometimes when I'm at a loss for how to pray, I just call on the name of Jesus. I like to use as many names for Him as I can. I thought I'd share some of those names.

My Rock and my Fortress	Psa 31:3
Refuge from the Storm	Isa 25:4
The Deliverer	Rom 11:26
Strength to those in distress	Isa 25:4
Shadow from the Heat	Isa 25:4
Chief Corner-stone	1Pe 2:6
A Sure Foundation	Isa 28:16
The Bread of Life	Jhn 6:35
The Wisdom of God	1Cr 1:24
The Power of God	1Cr 1:24
The Alpha and the Omega	Rev 1:8
The Word of Life	1Jo 1:1
The Word of God	Rev 19:13

The Faithful and True Rev 19:11

My Savior	2Pe 3:18	My Brother	Mar 3:35
My Hope	1Ti 1:1	My Helper	Hbr 13:6
My Portion	Jer 10:16	My Healer	Luk 9:11
My Physician	Jer 8:22	My Purifier	Mal 3:3
My Refiner	Mal 3:3	My Servant	Luk 12:37
My Lord, Master	Jhn 13:13	My Teacher	Jhn 3:2
My Example	Jhn 13:15	My Keeper	Jhn 17:12
My Shepherd	Psa 23:1	My Restorer	Psa 23:3
My Leader	Isa 40:11	My Meat (his flesh)	Jhn 6:55
My Resting-place	Jer 50:6	My Redemption	1Cr 1:30
My Drink (his blood)	Jhn 6:55	My Peace	Eph 2:14
My Passover	1Cr 5:7	My Righteousness	1Cr 1:30
My Wisdom	1Cr 1:30		
My Sanctification	1Cr 1:30		
My All in All	Col 3:11		